







MEDIA SPONSOR Register-Star / CHATHAM COURIER

BATTLE OF THE BELTS SPONSOR



The Lofgren Agency Valley Oil / Miller Wilkins To: Sean's Run Participant Any Street Your Town, Your State, 12345









www.SeansRun.com



Two run/walk events to choose from!

 MEGHANSMILE Youth Race For 12 And Under and Shorter Walk for All – 12:30 PM.

• 5K RUN AND COMMUNITY WALK

Runners/Walkers/Joggers of All Ages and Abilities - 1:00 PM.

Great entrant giveaway

First 1500 entrants are guaranteed to receive a 10th Annual commemorative Sean's Run t-shirt. 1500 t-shirts.

Again this year

Saturday packet pickup and registration – April 30, 2:00 - 4:00 PM, Chatham High School Gymnasium. First 350 to show up receive special early-bird gift! Avoid the lines on Sunday morning. Come Saturday to pick up your packet or register.

Location

Chatham High School, Village of Chatham, Columbia County, NY.

Music... before, during, and after the run Music is a special feature of Sean's Run.

Post-race refreshments

An assortment of nutritional treats to re-fuel at the finish for all entrants.

Prohibitions

NO dogs allowed. NO baby strollers/ joggers, bikes or skates. Exception: Baby joggers allowed in *Meghan's Mile*.



Parking

At High School, on village streets and at Chatham Fairgrounds.

Directions

From Red Light at Rte 66/Rte 203, go west on Rte 203 to second right, Woodbridge Ave.

Drive time to Chatham

From Albany – 40 minutes. From Pittsfield – 30 minutes. From Poughkeepsie – 50 minutes.

Questions?

Want to help? Jeff French, Director, 518-672-4757, SeansRun@Yahoo.com.

Produced by/hosted by

Committee to Produce the Sean Patrick French Memorial Run/Walk, a member of the Road Runners Club of America.

Our partner

The Berkshire Taconic Community Foundation, a 501(c)(3) public charity, administers our funds, providing tax-exempt status.













Pre-race activities

Prevention Education Expo with loads of information to help teens make safe and healthy choices, Presentation of Scholarships and Grants and World Championship Battle of the Belts.

Chip timing by ARE event productions

All participants will be provided a chip to attach to their shoe. Timing chips must be returned at the finish line or participants will be charged a \$15 replacement fee.

Results

Race results will be posted at www.SeansRun.com and published in the Register-Star/ChathamCourier



www.SeansRun.com

TEN YEARS RUNNING SEASS SEASS





The 5K

For runners, joggers and walkers - 1:00 PM.

USATF-certified 3.1-mile course, includes Main Street, past the historic Crandell Theater and the famous Chatham Clock Tower.

Records: Matthew Forys, age 22, 15:18; Lily Becker, age 20, 17:42

Awards for 5K

The Jack McGrath Award – to first Overall Male and Overall Female. Age group awards to top three men and top three women in each group: 12 and under, 13-15, 16-18,

19-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80 and over.







Meghan's Mile

Youth Race For 12 And Under and Shorter Walk for All - 12:30 PM.

In honor of Meghan Nicole Kraham, December 18, 1985 – August 18, 2007. A friend of Sean's, at age 16 she helped found Sean's Run and inspired all as she battled cancer with courage and poise. A half mile out and a half mile back to finish line.

Records: Jordan Healy, age 12, 5:56; Kaylee Scott, age 11, 6:21



Awards for **MEGHAN'SMILE**

The Newkirk Award – to first Overall Boy and Overall Girl. Age group awards to top three boys and top three girls in each group: 6 and under, 7-8, 9-10, 11-12.

Saturday, April 30

	Saturday, April 3	aturday, April 30		
	2:00 - 4:00 PM	Packet Pickup and Registration – Chatham High School gym		
	3:00 PM	Sea Jem's Super Saturday Run for Special Needs Kids		
	Sunday, May 1			
	10:00 AM	Prevention Education Expo Opens – Chatham High School gym		
	10:00 - 11:00 AM	MEGHAN'S MILE registration, packet pickup		
	10:30 AM	Battle of the Belts Teams sign in – parking lot		
	11:00 AM - 12:00 NOON	5K Run/Walk registration, packet pickup		
	11:15 AM	Presentation of Scholarships and Grants – auditorium		
	12:00 NOON	World Championship Battle of the Belts		
	12:30 PM	MECHAN'S MILE - Youth Race and 1-Mile Walk		
	1:00 PM	5K Run and Community Walk		
	2:00 PM	Awards presentation		
	9:00 PM	Results posted at www.SeansRun.com		
	Tuesday, May 3			
	7:00 AM	Results published in the Register-Star		









A Tribute to Victims and Survivors

Sean's Run pays special tribute to survivors/ victims of drunk driving crashes and remembers all who have lost their lives to this preventable tragedy.

People who have survived a crash or have lost children, grandchildren, siblings, spouses or parents to alcohol-involved wrecks are our special guests. They are offered complimentary entry and are warmly welcomed.

Extra contributions where does the money go?

In nine years, thanks to the generosity of sponsors, contributors and participants who add donations to their entry fees, Sean's Run has raised and given away \$138,050 to support youth programs and scholarships. Youth groups from around the region use Sean's Run grants to combat underage drinking and encourage teenagers to always use seatbelts. Sixty-eight deserving seniors from the region have been awarded scholarships.



The World Championship Battle of the Belts

High schools, middle schools and youth groups from throughout the region send teams to compete in this funfilled seat belt contest. Winners earn bragging rights to the title of World Champions. There are also awards for Best Team Names, the Best Team T-shirts and teams with Loudest Cheering Sections. The Battle is waged at high noon, 12:00 PM. All team members must be individually registered in Sean's Run by each submitting a registration form and entry fee.

SPONSORED BY HONDA



Sea Jem's Super Saturday **Run for Special Needs Kids**

Kids with special needs and other developmental disabilities are provided the opportunity to experience the fun of Sean's Run, including all the amenities. A special

feature of the Sean's Run event, this short-butspecial group run at Chatham High School will be conducted at 3:00 PM on Saturday, April 30th, the day before the 5K and Meghan's Mile. It has been planned in cooperation with the Capital Region Miracle League, Burke Adams founder. Participants

Run for Special Needs Kids

should arrive by 2:30 PM. Sponsored by Sea Jem Imports, the premier seafood processor and distributor







Sean Patrick French, a 17-year-old high

school junior, community volunteer, honor roll student and record- setting athlete at Chatham High School, lost his life on January 1, 2002, as a passenger in a drunk driving car crash. Another passenger, 17-year-old Ian Moore, suffered paralyzing injuries. Neither was using seat belts. The driver, also 17, had been arrested for drunken driving 18 days prior to the fatal crash. This tragedy prompted the enactment of Sean's Law, which now requires the immediate suspension of a license upon the arrest of a 16- or 17-year-old on drunken driving charges.

Entry Fee - Postmarked or Dropped off by April 17

	•••••••	
Adult, 18 and over – \$19	\$	
Youth, 6 to 17 – \$10	\$	
Child, 5 and Under – FREE	\$	_0
Special Needs Kid - FREE	\$	_0
Victim/Survivor - FREE	\$	_0
Family - \$45 (mom, dad & kids	under 18) \$	
-		

Submit an entry form for each family member.

Entry Fee – Dropped off or Walk-in After April 17

Adult, 18 and over – \$24	\$
Youth, 6 to 17 – \$15	\$
Child, 5 and Under – FREE	\$0
Special Needs Kid – FREE	\$0
Victim/Survivor – FREE	\$0
Family – \$50 (mom, dad & kids under 18)	\$

Complete an entry form for each family member.

Extra	Contribution	\$

Total – Payable to: Sean's Run

Send to: Sean's Run **First Niagara Bank 16 Coleman Street** Chatham, NY 12037

DO NOT mail after April 23; bring to First Niagara Bank or to the event.

located in the heart of Boston, MA. Go to www.SeansRun.com; register with a credit card. Secure, simple and immediate confirmation of your entry. Closes midnight April 28. **Online:** Drop Off: Bring registered form to First Niagara Bank, 16 Coleman Street Chatham by April 22. Mail-in: Send completed registration form by April 17. Walk-up: On Saturday, April 30, 2:00-4:00 PM, and Sunday, May 1, 10:00-11:30 AM at Chatham First Mailing Address

City State Zip DOB Age on May 1 D М D Sex (circle one) Male Female E-mail Check Run/Walk event entering 🔲 5K Sea Jem's Super Saturday Sean's

Check if you are a member of a Battle of the Belts Team

Check if you are a victim/survivor of a drunk or impaired driver

General Release

Last

All participants must sign; parents must sign for entrants under age 18. In consideration of the opportunity to participate in the Sean Patrick French Memorial Run/Walk, including the 5K, Meghan'sMile, Super Saturday Run for Special Needs Kids and World Championship Battle of the Belts, I hereby forever discharge The Committee to Produce the Sean Patrick French Memorial Run/ Walk (the Committee), Chatham Central School District, Village of Chatham, Berkshire Taconic Community Foundation, and Columbia County Agricultural Society, as well as all event sponsors, their representatives, agents, members and assigns, and any other person or organization assisting or supporting this event, from any claims or demands arising from or out of my participation in this event. I hereby for myself, my heirs, executors or assigns waive and release any and all claims that may arise in my favor against the above named entities and individuals for any injury, illness property loss which may occur to me while participating in, traveling to, or returning from this event. I assume all risks including, but not limit-ed to, traffic and road conditions. Also, I grant my permission for the Committee to use or authorize others to use photographs, motion pictures, recordings or any other record of my participation for any legitimate purpose without remuneration